

The Office of Equity and Inclusion

Happy Lunar New Year 2023

Year of the Rabbit



Jan. 2023
Vol. 4



Important Dates:

- Jan 16th: Martin Luther King Jr. Day
- Jan 22nd: Lunar New Year

In this Newsletter:

- The Center Updates
- Cascadia Scholars Updates
- Martin Luther King Jr. Day
- Lunar New Years in China

Upcoming Events and Dates:

- Jan 11th: Homage: The Contributions of Hip Hop to the Whirlwind Rise of Asian Pop (Rescheduled Event)
- Jan 25th: The Center's Lunar New Year Celebration
- Feb 1st: Cascadia Scholars Application Deadline

Here's to good fortune and year full of incredible moments



The Center Updates

The Center is going to be abuzz this quarter with exciting and educational events for our students. We had to reschedule our Hip Hop event in November and we will kick off the New Year with the event. We will also be celebrating Lunar New Year in the Center. Please let students know about this wonderful opportunity to engage with the Center where they will also receive a special red envelope full of Lunar New Year goodies. In addition, the Center will soon showcase student art work. Thank you so much to Kathy Brown and Chris Gildow for sharing and showing how hard their students work throughout the quarter to bring us these beautiful pieces. The 21 Weeks of Equity Challenge will start this month as well. It sounds like a lot, but don't worry. Every month, the Office of E&I will update our webpage with various links to short videos, articles, and recommendations for movies, books, and podcasts to learn from. We are asking you to take the time to choose something every week to further expand your own knowledge.

The Center continues to strive to create not only fun opportunities for students, but also experiences that are meaningful and that contribute to their education here at Cascadia College. If you would like to bring your class down for events (or work together on creating one), please let me know. The Center is here for students!

Keep an eye out for calendar invites for our upcoming events and announcements for when the student art is available in the Center.

Cascadia Scholars Updates

The Cascadia Scholars Program provides mentoring, resources, and support for BIPOC, marginalized and underrepresented students. Scholarships are also available for those who qualify. The Program works with these historically underrepresented groups to help connect educational goals to academic and career journeys.

Our final deadline for Spring admission is on February 1st. Students can apply online on our webpage [here](#).



Martin Luther King Jr. Day

What is Martin Luther King Jr Day?

Martin Luther King Jr Day otherwise known as MLK day is a federal holiday celebrated in the United States that acknowledges the contributions of Dr. King to the Civil Rights Movement in the 1950s and 60s. The day was officially signed into history in the 1980s by President Ronald Reagan after a decade long campaign after the assassination of Dr. King in 1968.

Who was Dr. Martin Luther King Jr?

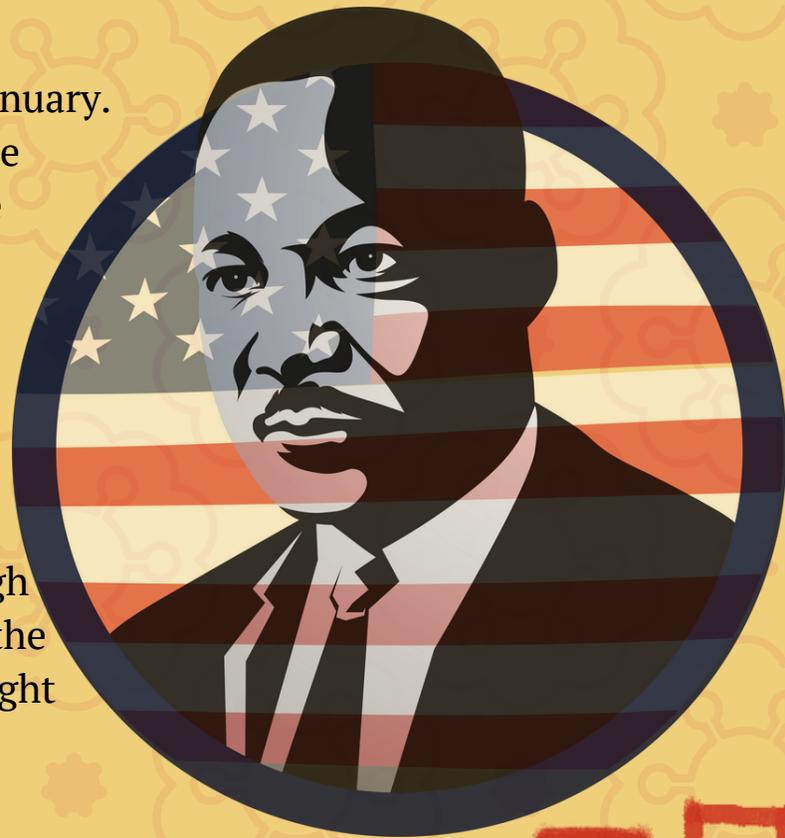
Dr. King is one of the most well known Civil Rights leaders in the U.S. While many people know him for his stance on abolishing racial segregation and racism, he was also an advocate for labor rights. Dr. King was also a Baptist Minister which is why you see different references to his name, both Dr. and Reverend. Dr. King was also a receiver of the Nobel Peace Prize for his work during the Civil Rights Movement. Most widely known aspects of the Civil Rights Movement that are associated with Dr. King include the Montgomery Bus Boycott, the March on Washington and the Poor Peoples campaign of 1968.

Why This Day?

MLK Day is observed on the 3rd Monday of January. The official name of the holiday is actually the Birthday of Martin Luther King Jr and like the name implies, it is on or around his birthday which is January 15th.

What Can You Do to Honor Dr. Martin Luther King Jr.?

Many people use this day as an opportunity to go out into the community and volunteer. Other ways people honor is memory is through the continued advocacy of voting rights in the U.S. and supporting organizations that still fight for equality.



Lunar New Year - Written by Frank Jiang, Office of E&I Intern

Chinese New Year

Chinese New Year is the most important holiday in China. The celebration starts on the last day of the year in Chinese lunar calendar and usually end at the 15th of the first month after the new lunar year starts. That is is then celebrated which is also known as the Lantern Festival. Gathering together with family is the most significant part of the celebration. People will come home from different places even if it means going across the world to stay with their families. Families put aside all of their conflicts and troubles so they can celebrate together. During the celebration, people will decorate their house with different items like red lanterns, paper cut outs, items with the “Fu”(福) symbol, and lights. People will also light firecrackers and fireworks during the celebration. In Chinese mythology, the night before New Year’s day, a monster called “Nian” walks around. The fire and sound of the firecracker scares "Nian" away. Children also receive gifts and red envelopes. Also in Chinese mythology, there is a ghost called “Sui” looking for children during the new years night after children fall asleep so the children need to put the red envelops under their pillow to scare the ghost away.



The Twelve Zodiacs of China

In China, the twelve zodiac are traditional symbols of the Chinese Lunar calendar. Each year is assigned an animal to represent it in a twelve-year cycle. The order matters due to the mythology associated with the zodiac. When you look at the zodiac you will see that the order is rat, ox, tiger, rabbit, dragon, snake, horse, goat, monkey, rooster, dog and pig. The origin of twelve zodiac can be found as early as the beginning of the Qin dynasty and the textual evidence can be found as early as the Eastern Han era. The reason for picking these animals, their orders, and what the animal represents is varied with the most common reason being that the animals were worshipped in ancient times. The zodiac animal is associated with the year someone is born in the lunar calendar. Many people assume that the year of of their means bad luck. In order to get rid of red clothes during the year and do. This occurs every 12th year etc birthday.



zodiac is a lucky year, but it actually the bad luck, people need to wear be more careful about what they so it on your 12th, 24th, 36th,

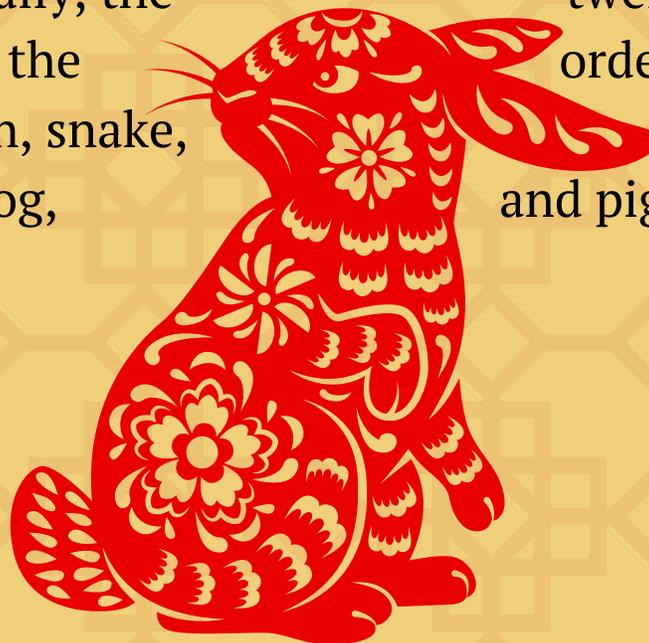
Lunar New Year cont.

The Zodiac story:

In Chinese mythology, they say a great emperor was going to select animals for zodiac. He invited them all to a race where they had to show up to claim their place as part of the zodiac. The Cat who was also invited to the party was lazy and always get up late. They asked the Rat to wake them up that morning to attend the competition. However, the Rat never woke them up.

This explains why cats are not a part of the Zodiac. In the race, the Ox was originally the first to arrive but the Rat secretly climbed on the back of the Ox to get to first place. The Tiger and Dragon were not happy about this, so the emperor names them as Gods of the mountain and sea and puts them behind the Ox. Rabbit asked Dragon to have a race and they won. The Dog thought the race was not fair and decided to bite the rabbit; he is punished to be one of the last. Snake, Horse, Goat, Monkey, and Rooster also compete for a while and get their order. Finally, the twelfth animal

arrives, it is pig. So the order becomes rat, ox, tiger, rabbit, dragon, snake, horse, goat, monkey, rooster, dog, and pig.



Unlike Greek zodiac, Chinese zodiac itself does not have too much to do with personality and fortune prediction. The way Chinese to predict fortune and personality is combining year, date and time of the person's birth, etc.

Below you can find out what year you are in Chinese Zodiac:



1960, 1972, 1984,
1996, 2008, 2020



1961, 1973, 1985,
1997, 2009, 2021



1962, 1974, 1986,
1998, 2010, 2022



1963, 1975, 1987,
1999, 2011



1964, 1976, 1988,
2000, 2012



1965, 1977, 1989,
2001, 2013



1966, 1978, 1990,
2002, 2014



1967, 1979, 1991,
2003, 2015



1968, 1980, 1992,
2004, 2016



1969, 1981, 1993,
2005, 2017



1970, 1982, 1994,
2006, 2018



1971, 1983, 1995,
2007, 2019