




OFFICE OF EQUITY AND INCLUSION

NOVEMBER NEWSLETTER



“The world is alive in ways we don’t understand. The heavens pour out praise, and the trees clap with joy. And with song and a handful of mud, we can make this world new.”

~ Patty Krawec, Becoming Kin - An Indigenous call to Unforgetting the Past and Reimagining Our Future.



THIS MONTH’S CELEBRATIONS

Native American Heritage Month

1-2: Día de Muertos

8: First-Generation Day

11: Veterans Day

13-19: Trans Awareness Week

16: International Day for Tolerance

20: Transgender Day of Remembrance

25: International Day for the Elimination of Violence
against Women

28: Thanksgiving

29: Native American Heritage Day







OFFICE OF EQUITY AND INCLUSION


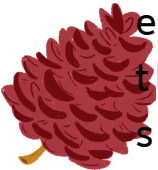
NOVEMBER NEWSLETTER

FIRST GENERATION CELEBRATION



November 8th is First-Generation College Celebration, highlighting the achievements of students, staff, and faculty who are the first in their families to attend college. Dr. Chantal Carrancho graciously shared what it means to be a First-Gen college student:



“As a first-generation Filipina American, I carry pride in my heritage and the legacy of my ancestors. Navigating the college system as a student presented one of the most challenging experiences in my life. With my parents unfamiliar with college, I had to navigate college on my own. Now, as an administrator, I have the opportunity to give back to my community and be a part of continued systemic changes that make our educational systems more equitable, ensuring that all students have a smooth start to their educational journeys. Many first-generation students have turned their dreams into reality, embodying the resilience, sacrifice and determination that represents so many first-generation stories. This month, as we celebrate First-Generation Month, let’s honor these journeys and the bright futures they begin to build!”



We hope you can join us on Thursday, November 7th, to “honor these journeys,” in the words of Dr. Carrancho, and learn about these stories from Dr. Carrancho, Samantha Penjaraenwatana, and Ericka Morales.









OFFICE OF EQUITY AND INCLUSION

NOVEMBER NEWSLETTER




NATIVE AMERICAN HERITAGE DAY



November is Native American Heritage Month, and November 29th, the day after Thanksgiving, is National Native American Day. During Indigenous Peoples Day at Cascadia, celebrated on October 14, Dr. Begay invited us to take a closer look at history to enlarge our perspective. By incorporating an ethno-historical lens, Dr. Begay highlighted how we learn from the many voices present throughout history, gaining a clearer, broader, and deeper understanding of the strength and richness of Native American traditions. In Washington State history, for example, Dr. Begay applied this lens to unpack the many layers on the Tribal fights for its treat right to salmon.



There are many ways to learn and celebrate the month right in our community through storytelling and art. Mobius Gallery is currently exhibiting (through December 12) "Vision: Contemporary Native American Art of the Pacific Northwest." Co-curated with Muckleshoot artists, the exhibit showcases the work of 11 Native American artists in our region. We also invite you to appreciate the Native art on campus with a guided tour of the Library's Rose Collection. Finally, the Community Reads group in the Library invites us to read "Becoming Kin" by Patty Krawec.



We hope you can find the time (life is busy!) to learn in community, expanding our understanding of art, history, and one another. We hope we can find the time to "show up, and it really is that simple. Show up." (Patty Krawec, *Becoming Kin*)





OFFICE OF EQUITY AND INCLUSION NOVEMBER NEWSLETTER

SOLID FOUNDATIONS: UNIVERSAL DESIGN

Definition

Universal Design





“Universal Design means the design of products, environments, programmes and services to be usable by all people, to the greatest extent possible, without the need for adaptation or specialized design.” Article 2, UN Convention on the Rights of Peoples with Disabilities.

Resource



What is universal design? | DO-IT

<https://www.washington.edu/doit/what-universal-design-0>

Takeaway





Universal design eliminates the need for accommodations by providing equal access to all. Doing so benefits a variety of users without the need for adaptation. It benefits all people, seeking to be “inclusive to the greatest extent possible and with the widest possible range of solutions.” (Foundations of E&I)





OFFICE OF EQUITY AND INCLUSION NOVEMBER NEWSLETTER

THE DIVERSITY AND EQUITY CENTER EVENTS




1ST-6TH Community Ofrenda: Ofrendas are part of the traditions surrounding the Day of the Dead in Mexico, dating back to pre-Colombian times. It is about remembrance and connection. This year, we brought back an Ofrenda at the D&E Center - join us to remember, celebrate together, and check out the beautifully decorated sugar skulls from the Cascadia Community (thank you, Professor Diane Fruit for the initiative). If you choose, you can place the name of a loved one at the Ofrenda altar or bring a photo.


5TH 12-1PM Eat Dessert First! It has been a month...well...it

6TH 12-1PM has been a year. How about a short stop to



5:30-6:30PM refuel during the day?



7TH 1:30-2:30PM First Gen Panel: join us to celebrate all First-Gen students, staff, and faculty at Cascadia and learn the stories of Samantha Penjaraenwatana, Ericka Morales, and Dr. Carrancho.



12TH 1:30-2:45PM Art Walk: In collaboration with the Library and Cascadia/UWB Sustainability, join us for a guided visual thinking exercise learning about selected Native American art in the Library's Rose Collection.





OFFICE OF EQUITY AND INCLUSION NOVEMBER NEWSLETTER

COMMUNITY RESOURCES

(Free) Community Resources

Native American Heritage Month

<https://www.stgpresents.org/stg-resource-guide-native-american-heritage-month/>

<https://seattle.bibliocommons.com/v2/list/display/2386827419/2486022079>

<https://grandillusioncinema.org/series/native-american-heritage-month-2024/>

<https://www.mothernation.org/>

[Events Calendar – Seattle Urban Native Nonprofits](#)
[Our Guide to Seattle's Native-Owned Establishments](#)
[and Holiday Events! - Eighth Generation](#)

Día de Muertos

[Seattle Catrinas Festival invites everyone to](#)
[celebrate Día de los Muertos | king5.com](#)

[Día de los Muertos - El Centro de la Raza](#)

[Día de los Muertos Event | Calendar Meeting List | City](#)
[of Kenmore Washington](#)

Trans Remembrance Day

[Performances | Seattle Trans And Nonbinary Choral](#)
[Ensemble](#)

Veterans Day

[Veterans Day Celebration | The Museum of Flight](#) (free
admission to Veterans and active duty military on
November 11)