

# How To: Log into Zoom

To complete this process, you must have a Cascadia network account, and you must know your username and password. If you do not know this information, please contact the IT Service Desk at 425-352-8228 (extension 2-8228 from on campus) or via email at [itservices@cascadia.edu](mailto:itservices@cascadia.edu).

## Process:

1. Browse to <https://cascadia.zoom.us/> in your favorite web browser. Even if this is your first-time using Zoom, and you don't have an account, click on the "Sign In" button.



2. You will be redirected to a Sign in Page which will prompt you for your username and password. Please enter your username in the yourusername@cascadia.edu format (your email address). After entering that information, please click the "Sign In" button.

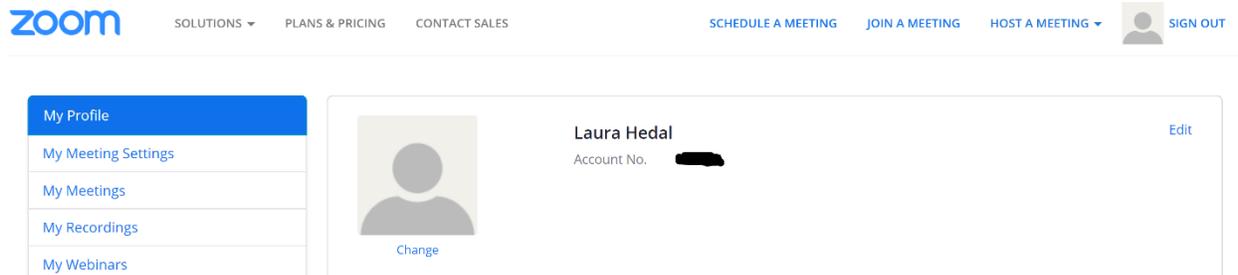


Sign in

Sign in

Sign-in using your Cascadia email address.  
Reset your password.

3. You should now be logged into Cascadia's Zoom instance and see a page like the one shown below with your Zoom account information shown and options to schedule, join or host a meeting.



Video Tutorials on how to use Zoom can be found at [https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials?\\_ga=2.173955558.473224169.1583794639-1862198615.1568919587](https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials?_ga=2.173955558.473224169.1583794639-1862198615.1568919587). ITS staff can also answer your questions on its use or be scheduled to do one-on-one training.

## For Assistance:

For assistance with this process or if you have any questions, please contact the IT Service Desk:

Email: [itservices@cascadia.edu](mailto:itservices@cascadia.edu)

Phone: 425-352-8228

Remote/Chat Support: <https://support.cascadia.edu>

In person: CC2-171