

**Student:** \_\_\_\_\_ **SID:** \_\_\_\_\_ **Transfer College:** \_\_\_\_\_

Degree requires at least 91 college level credits (numbered 100 and above) with a minimum 2.0 cumulative GPA, a minimum of 25 credits completed in residence, and completion of all requirements. **University admission requirements vary**—consult with an advisor for specific information.

**GENERAL EDUCATION CORE COURSES** **20 CREDITS**

✓ Complete	Course Name and Number	Credits	Credits Remaining
	COLL 101 - <i>must be completed within the first 30 credits</i>		
	ENGL&101		
	ENGL&102		
	MATH&151		

- "150" CULTURAL KNOWLEDGE REQUIREMENT:** Choose one class – CMST 150, GS 150, HIST 150, HUMAN 150, **OR** SOC 150
- ADDITIONAL CULTURAL KNOWLEDGE REQUIREMENT:** one 5 credit course designated CKR (see back for options)

**HUMANITIES DISTRIBUTION REQUIREMENT** **15 CREDITS**

Completion of a minimum of 15 credits from at least 2 different disciplines. **No more than 5 credits** from those courses designated by an **underline** as performance/skills, applied theory or lecture/studio courses. Only one class of world language at the 100 level may be included.

✓ Complete	Course Name and Number	Credits	Credits Remaining
	<i>'150' OR CKR Course?</i>		

**SOCIAL SCIENCES DISTRIBUTION REQUIREMENT** **15 CREDITS**

Completion of a minimum of 15 credits from at least 2 different disciplines.

✓ Complete	Course Name and Number	Credits	Credits Remaining
	<i>'150' OR CKR Course?</i>		

**NATURAL SCIENCES DISTRIBUTION REQUIREMENT** **15 CREDITS**

Completion of a minimum of 15 credits from at least 2 different disciplines, and include at least **5 credits of a LAB** course (underlined). At least 10 credits required in physical, earth and/or biological sciences.

✓ Complete	Course Name and Number	Credits	Credits Remaining
	BIOL&211		
	BIOL&212		
	BIOL&213		
	CHEM&161		
	CHEM&162		
	CHEM&163		

**REQUIRED ELECTIVE CREDITS** *[will you need foreign language for transfer?]* **10+ CREDITS**

✓ Complete	Course Name and Number	Credits	Credits Remaining

*minimum 91 TOTAL CREDITS*

**Pre-College Level Courses (if applicable)**

Math:

English:

**Advisor:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## DISTRIBUTION REQUIREMENTS – 2017-2018 Catalog

**“150” CULTURAL KNOWLEDGE REQUIREMENT** – Must be satisfied to be granted the Associate Degree. The ‘150’ is fulfilled by choosing one of the following courses – CMST 150, GS 150, HIST 150, HUMAN 150, OR SOC 150.

**ADDITIONAL CULTURAL KNOWLEDGE REQUIREMENT (5 Cr)** - Must be satisfied to be granted the Associate Degree.

The Cultural Knowledge Requirement is fulfilled by choosing one of the courses that are **Bold** and marked with an **asterisk (\*)** below. The courses that satisfy this requirement also count towards the corresponding distribution area.

### HUMANITIES DISTRIBUTION REQUIREMENT

**15 CREDITS**

Students must complete a minimum of 15 credits from the following list. Courses must be chosen from at least two different disciplines. No more than 5 credits may be included from those courses designated by an underline as performance/skills, applied theory or lecture/studio courses. Only one class of world language at the 100 level may be included.

ART&**100\***, 110, 121, 122, **135\***, **140\***, **141\***, **142\***, 220, 224,  
240  
ASL&121, &122, &123  
CHIN&121, &122, &123  
CMST&101,103,105, 110, **150\***, 201, **203\***, &210, **211\***,  
&220, &230, **233\***, 243, **251\***  
DRMA&**101\***, **103\***, 151, 152, 153  
ENGL&111, 115,211, **221\***, &235, **&244\***, **&245\***, **&254\***,  
**&255\***, 274, 277, 279

GS 101, **150\***, **220\***, **230\***  
HIST **&126\***, **&127\***, **&128\***, **&146\***, **&147\***, **&148\***, **150\***, **210\***,  
**&214\***, 262, **268\***  
HUMAN **107\*** 120, **125\***, **150\***, 210, 211, 212  
JAPN&**121\***, **&122\***, **&123\***, **&221\***, **&222\***, **&223\***  
MUSC **&105\***, **130\***, **140\***  
PHIL&101, **102\***, &115, &120, **220\***, 238, 240, 242, 243, **260\***, 267  
SPAN&**121\***, **&122\***, **&123\***, **&221\***, **&222\***, **&223\***

### SOCIAL SCIENCES DISTRIBUTION REQUIREMENT

**15 CREDITS**

Courses must be chosen from at least two different disciplines.

ANTH **&100\***, **&104\***, **151\***, &204, **&206\***, **&207\***, **&234\***,  
**275\***  
BUS&101, &201  
ECON 151, &201, &202, 220  
EDUC&205  
GS 101, **150\***, **220\***, **230\***

HIST**&126\***, **&127\***, **&128\***, **&146\***, **&147\***, **&148\***, **150\***,  
**210\***, **&214\***, 262, **268\***  
POLS**&101\***, &200, &202, &203, &204, **205\***, 206, 213  
PSYC&100, **171\***, &180, &200, 209, **210\***, &220, **245\***, **250\***,  
**251\***  
SOC**&101\***, **150\***, **151\***, **231\***, **241\***, **271\***

### NATURAL SCIENCES DISTRIBUTION REQUIREMENT

Students must complete a minimum of 15 credits from the natural sciences distribution list and meet the following requirements:

Courses must be chosen from at least two different disciplines. At least 5 credits of **LAB** coursework must be included (underlined). Only one Mathematics class may be used.

ANTH&205  
ASTR&100, &101, &115  
ATMS 101  
BIOL 120, 165, &170, &211, &212, &213, &241, &242 &260  
CHEM&105, &121, &131, &139, &161, &162, &163, &241,  
&242, &243, 254, 255  
ENGR 120, 131, &204, &214, &215, &225,240  
ENVS &101, **120\***, 150, 210, 220

GEOG 120, **250\***  
GEOL&101, 230  
MATH&141, &142, &146, 147, &148, &151, &152, &163,  
208, 238, &264  
NSCI 101  
NUTR&101  
OCEA&100, &101  
PHYS&100, &114, &115, &116, &221, &222, &223

### ELECTIVE CREDITS

**10+CREDITS**

Students must complete sufficient elective credits in college level courses (numbered 100 or above) for a total of 91 credits to complete the Associate in Biology Degree. Remaining elective credits should be chosen with the help of an advisor based on the requirements of the specific major at the baccalaureate institution the student plans to attend. **COLL 101 is a required elective for all students.** Examples of other elective choices include a full year sequence of organic chemistry for majors; a full year sequence of physics for science majors; or further math at the pre-calculus level or above or statistics. Consult an advisor for more information.

**Cascadia College Student Advising & Support Services**  
**425.352.8860 / [advising@cascadia.edu](mailto:advising@cascadia.edu) / Kodiak Corner**

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