Local Community Resources

Overall

**Washington Connection:** Offers a fast and easy way for families and individuals to apply for a variety of services such as food, cash, child care, long-term care, and Medicare Savings Programs. Individuals that are age 65 or older, blind or disabled may also apply for medical assistance.  [https://www.washingtonconnection.org/home/](https://www.washingtonconnection.org/home/)

Food:

**Hopelink Food Bank:** 425-889-7880  
Distribution: Monday-Thursday  
Serves: Northshore & Kirkland

**Woodinville Storehouse:** 425-483-5252  
Distribution: Tuesday 6:30PM-7:20PM/Saturday 9:30AM-10:20AM  
*Regular appointment times can be scheduled after your first visit*

**University District Food Bank:** 206-523-7060  
Distribution: M/W/F 10:00AM-3:00PM – T/TH 3:00PM-8:00PM  
Serves: 98102-98103-98105-98112-98115-98125

**Salvation Army Everett:** 425-259-8129  
Food Assistance

**Volunteers of America:** 425-259-3191  
Food Assistance

**Lynnwood Food Bank:** 425-745-1635  
Distribution: Wednesday 2:30PM-6:15PM  
Serves: 98036, 98037, 98026

**Edmonds Food Bank, United Methodist Church:** 425-778-9802  
Distribution: Tuesdays 9:30AM-12:00PM  
Serves: Edmonds

**Edmonds Westgate Chapel Food Bank:** 425-775-2776  
Distribution: Thursday 11:00AM-2:00PM  
Serves: Edmonds

**Mill Creek Community Food Bank:** 425-876-7158  
Distribution: Thursday 5:00PM-7:00PM  
Serves: Bothell, Mill Creek-98012

For more options not listed above, please visit:  
[https://www.foodpantries.org/ci/wa-bothell](https://www.foodpantries.org/ci/wa-bothell)
**Healthcare:**

**Healthpoint:** 425-486-0658  
Hours: M/W/Th/F 9:00AM-5:00PM – Tuesday 12:00PM-8:00PM

**CareClinic** Bartell Drugs (Lynnwood): 425-673-7068  
Hours: Call for hours, opened evenings and weekends

**Planned Parenthood:** 800-230-7526  
Hours: MW 10:00AM-6:30PM & TTh 8:00AM-4:30PM  
* Note: This location is closed from 4:00-6:00PM on the third Wednesday of each month  
Location: 6610 NE 181st #2, Kenmore, WA 98028

**Housing/Shelter Support:**

**Apartment Finder:**  
www.aptfinder.org  
* Find cooperative housing for low-income individuals and families. Visit the website listed above for details and eligibility.

**Friends of Youth (for those under 21):** 206-236-KIDS  
www.friendsofyouth.org

**Single & Family Shelter in King County:** 206-245-1026

**Interfaith Association:** 425-252-6672  
Rental Assistance  
**Northlake Christian Church:** 425-672-8044  
Rental Assistance  
**Salvation Army Everett:** 425-259-8129  
Rental Assistance  
**St. Vincent De Paul:** 425-355-3504 ext. 3  
Rental Assistance  
**Volunteers of America:** 425-259-3191  
Rental Assistance  
**Westgate Chapel:** 425-775-2776  
Rental Assistance
**Mental Health Support:**

**Crisis Clinic of King County:** 866-427-4747  
Provides a 24 hour crisis line: Resources cover relationship abuse, suicide prevention and education, emotional crisis and trauma, caregiver services, disability services, and homeless and housing services

**Utilities/Internet/Phones:**

**Bear Creek Methodist:** 425-788-2953  
Utility Assistance

**Catholic Community Services:** 425-257-2111  
Utility Assistance

**PSE Office of Weatherization and Energy Assistance (LIEEAP):** 425-388-3880  
Utility Assistance

**Salvation Army Everett:** 425-259-8129  
Utility Assistance

**Salvation Army Lynnwood:** 425-745-1635  
Utility Assistance

**St. Vincent De Paul:** 425-355-3504 ext. 3  
Utility Assistance

**Volunteers of America:** 425-259-3191  
Utility Assistance

**Westgate Chapel:** 425-775-2776  
Utility Assistance

**Clothes:**

**Westgate Chapel:** 425-775-2776

**Northshore YMCA:** 425-485-9797

**St. Francis House:** 206-621-0945

**Dress for Success (Women):**  
https://seattle.dressforsuccess.org/about-us/

**Career Gear (Men):**  
http://www.careergear.org/
Child Care:

Child Care and Development Fund (National):
https://www.benefits.gov/benefits/benefit-details/615

Child Care Assistance Program (Seattle):

Child Care Subsidy Program (Washington State):
https://www.dshs.wa.gov/esa/community-services-offices/child-care-subsidy-program

Child Care Aware of American (National):

General National Information:

Veteran Resources:

Veteran Resource Center (On-Campus): 425-352-8025
Room CC1-004

King County Veterans Program: 206-477-8282
2106 2nd Ave, Seattle, WA 98121

DACA/Immigration Services:

Office of Immigrant and Refugee Affairs (Seattle):
https://www.seattle.gov/iandraffairs/programs/daca

National Immigration Legal Services Directory:
https://www.immigrationadvocates.org/nonprofit/legaldirectory/search?state=WA

Northwest Immigrant Rights Project:
https://www.nwirp.org/
**Drug/Alcohol Abuse Assistance:**

**Substance Abuse and Mental Health Services Administration:**

Friends of Youth (For ages 13-20)
Issaquah: 425-392-6367
Duvall: 425-844-966
Snoqualmie: 425-888-6683

**Domestic Violence Support:**

**Life Wire:**
[www.lifewire.org/get-help](http://www.lifewire.org/get-help)

**Dawn:**
[www.dawnrising.org](http://www.dawnrising.org)

**Employment Resources:**

**YWCA Homeless Employment Program: Family Village Redmond:** 425-556-1353
- Career Development and Coaching
- Job Search and Placement Assistance
- Identifying Strengths & Addressing Barriers
- Tools, Clothing and Transportation
- Referrals to Community Resources
- Housing Resources and Information
- Financial Empowerment and Resources

**Division of Vocational Rehabilitation:** 425-339-4880
* Helps people with disabilities who want to work but face a substantial barrier to finding or keeping a job