

Student: _____ **SID:** _____ **Transfer College:** _____

Degree requires at least 90 college level credits (numbered 100 and above) with a minimum 2.0 cumulative GPA, a minimum of 25 credits completed in residence, and completion of all requirements. **University admission requirements vary**—consult with an advisor for specific information.

GENERAL EDUCATION CORE COURSES

20 CREDITS

✓ Complete	Course Name and Number	Credits	Credits Remaining
	COLL 101 - <i>to be taken within the first 30 credits at Cascadia</i>		
	ENGL&101		
	ENGL&102		
	Quantitative/Symbolic Reasoning: choose one: MATH&107, MATH&131, MATH&132, MATH&141, MATH&142, MATH&146, MATH 147, MATH&148, MATH&151, MATH&152, MATH&163, MATH 208, MATH 238, MATH 246, MATH&264, and PHIL&120		

EQUITY, DIVERSITY & POWER REQUIREMENTS: (10 cr) Courses count toward corresponding distribution area.

- Choose one of the following EDP courses (5 credits) – CMST 150, GS 150, HIST 150, HUMAN 150, **OR** SOC 150 **AND**
- One additional course designated EDP in any distribution area below (5 credits) (see back for courses marked bold and asterisk (*))

HUMANITIES AND SOCIAL SCIENCES DISTRIBUTION REQUIREMENT

30 CREDITS

Humanities (H): Courses must be from at least two different disciplines with a maximum of 10 credits from 1 discipline. No more than five credits may be included from courses designated HP as performance/skills, applied theory, or lecture/studio courses. Only five credits of world language at the 100 level may be included.

Social Sciences (SS): Students must complete courses from at least two different disciplines with a maximum of 10 credits from 1 discipline.

	H designated course / optional: GS designated course		
	H designated course / optional GS designated course		
	H designated course / optional GS designated course		
	SS designated course / optional GS designated course		
	SS designated course / optional GS designated course		
	SS designated course / optional GS designated course		

NATURAL SCIENCES DISTRIBUTION REQUIREMENT

15 CREDITS

Completion of a minimum of 15 credits from at least 2 different disciplines with a maximum of 10 credits from 1 discipline and include at least **5 credits of a LAB course** (underlined). At least 10 credits required in physical, earth and/or biological sciences. Only 5 credits of Mathematics may be used.

✓ Complete	Course Name and Number	Credits	Credits Remaining
	Lab Science optional GS course		
	optional GS course		
	optional GS course		

PROGRAM REQUIRED ELECTIVE CREDITS

25+ CREDITS

* **Please see the back side of this degree to meet the requirements listed below**

✓ Complete	Course Name and Number	Credits	Credits Remaining
	Optional GS courses here		

- WORLD LANGUAGE REQUIREMENT** *minimum 90 credits*
- 45 TOTAL CREDITS FROM GS DESIGNATED COURSES REQUIRED**
- INTEGRATED LEARNING REQUIREMENT: Community Based Learning/Study Abroad/Internship Requirement**

Pre-College Level Courses (if applicable)

Math:

English:

Advisor: _____ **Date:** _____

PROGRAM REQUIRED ELECTIVES

Students must complete sufficient elective credits in college-level courses (numbered 100 or above) to bring the total credits for this degree to 90, which must include 45 credits from GS designated courses. No more than 12 credits may be included from Restricted Elective list.

In addition:

1. Students must complete or show competency at (a) the 221 level in a single world language, OR (b) the 123 level in one world language and any five-credit course in an additional world language. *

AND

2. Students must complete a credit-bearing course with a globally focused community-based learning component

OR

• A credit-bearing study abroad experience. (International students on a student visa who satisfactorily complete a credit bearing course at Cascadia College would have completed the Study Abroad requirement.)

OR

• A globally focused internship.

*Cascadia College recognizes prior learning in world languages. To demonstrate that the world language requirement for the AIS-GS has been met through prior learning, students must demonstrate equivalent language competency by:

• A 200-level placement on a language proficiency exam

OR

• A high school transcript showing successful completion of the equivalent language level with a grade of 2.0 or higher

OR

• Proof of completion of one-year of high school or one credit-bearing college-level course in a language other than English

HUMANITIES DISTRIBUTION REQUIREMENT

15 CREDITS

Students must complete a minimum of 15 credits from the following list. Courses must be chosen from at least two different disciplines with a maximum of 10 credits from 1 discipline. No more than 5 credits may be included from those courses designated by an underline as performance/skills, applied theory or lecture/studio courses. Only 5 credits of world language at the 100 level may be included.

AIIS **102***

ART **&100*(GS), 110, 120, 121, 122, 135*(GS), 140*(GS), 141*(GS), 142*(GS), 220, 224, 240**

ASL **&121*(GS), &122*(GS), &123*(GS)**

CMST **&101, 103*, 105, 110, 150*, 201*** (formerly Cinema 201), **203***, &210, **211*(GS)** (formerly Cinema&211*), &220(GS), **&230*, 233*(GS), 243, 251*(GS)**

DRMA **&101*(GS), 103*(GS), 151, 152, 153**

ENGL **&111***, &114, 115, **211*, 221*(GS), &235, &244***,

&245*, &254*(GS), &255*(GS), 271, 274, 277, 279

GS **101*(GS), 150*(GS), 220*(GS), 230*(GS)**

HIST **&126*(GS), &127*(GS), &128*(GS), &146*(GS), &147*(GS), &148*(GS), 150*(GS), 210*(GS), &214*(GS), 262(GS), 268*(GS)**

HUMAN **107***, 120, **125*, 150***, 210, 211, 212

JAPN **&121*(GS), &122*(GS), &123*(GS), &221*(GS), &222*(GS), &223*(GS)**

MUSC **&105,* 130*, 140***

PHIL **&101, 102***, 115, &120, **220*(GS), 238(GS), 240, 242, 243, 260***, 267

SPAN **&121*(GS), &122*(GS), &123*(GS), &221*(GS), &222*(GS), &223*(GS)**

SOCIAL SCIENCES DISTRIBUTION REQUIREMENT

15 CREDITS

Courses must be chosen from at least two different disciplines with a maximum of 10 credits from 1 discipline.

ANTH **&100*(GS), &104*, 151*(GS), &204, &206*(GS), &207*, &234*, 275*(GS)**

BUS **&101(GS), &201**

ECON**&201(GS), &202(GS)**

EDUC**&205**

GS **101*(GS), 150*(GS), 220*(GS), 230*(GS)**

HIST **&126*(GS), &127*(GS), &128*(GS), &146*(GS), &147*(GS), &148*(GS), 150*(GS), 210*(GS), &214*(GS), 262(GS), 268*(GS)**

POLS **&101, &200***, &202, &203(GS), &204(GS), **205*(GS), 206, 213***

PSYC **&100, 171*, &180***, &200, 209, 210, &220, **245*(GS), 250***, 251

SOC **&101*, 150*, &201*(GS), 231*, 241*, 271**

NATURAL SCIENCES DISTRIBUTION REQUIREMENT

15 CREDITS

Students must complete a minimum of 15 credits from the natural sciences distribution list and meet the following requirements: Courses must be chosen from at least two different disciplines with a maximum of 10 credits from 1 discipline. At least 10 credits must be selected from physical, biological and/or earth sciences. At least 5 credits of **LAB** coursework must be included (**underlined**). Only 5 credits of Mathematics may be used.

ANTH **&205(GS)**

ASTR **&100, &101, &115**

ATMS **101(GS)**

BIOL **120, 165, &170, &211, &212, &213, &241, &242, &260**

CHEM **&105(GS), &121, &131, &139, &161, &162, &163, &241, &242, &243, 254, 255**

ENGR **120, 131, &204, &214, &215, &225, 240**

ENVS **&101(GS), 120*(GS), 140(GS), 210, 220(GS)**

GEOG **120(GS), 250*(GS)**

GEO **&101(GS)**

MATH **&107, &131, &132, &141, &142, &146, 147, &148, &151, &152, &163, 208, 238, 246, &264**

NSCI **101(GS)**

NUTR**&101**

OCEA **&101(GS)**

PHYS **&100, 111, &114, &115, &116, &221, &222, &223**

PSYC **202**

Cascadia College is an equal opportunity institution and does not discriminate.

See full statement at: www.cascadia.edu/nondiscrimination

All Cascadia materials are available in alternative formats & can be requested by contacting the Human Resources Office.

To request accessibility accommodations for student events, please contact Student Accessibility Services at 425.352.8128 or accessibility@cascadia.edu at least 10 days prior to the event.